



THE PLOUGH

Mediterranean Menu

..... **STARTERS**

Hummus con Pane Pita - £7.50

Creamy chickpea hummus served with warm pita bread and olive oil.
A traditional Middle Eastern dip made with chickpeas, tahini, lemon, and garlic.

Spanakopita - £8.50

Crispy filo pastry filled with spinach, feta cheese, and herbs.
A classic Greek pastry combining spinach and feta cheese.

Calamari Fritti - £9.50

Lightly fried squid served with lemon and garlic aioli.
A popular Mediterranean seafood starter served across Italy and Spain.

Gambas al Ajillo - £10.50

King prawns cooked with garlic, chilli, and olive oil.
A traditional Spanish tapas dish full of bold garlic flavour.

Chorizo al Vino - £9.00

Spanish chorizo sausage is slowly cooked in red wine and garlic, served with warm bread.
A classic Spanish tapas dish with rich smoky flavour.

Halloumi Fries - £9.45

Paprika-dusted halloumi fries served with garlic mayonnaise

..... **MAINS**

Paella De Mariscos - £19.50

Spanish saffron rice cooked with prawns, mussels, and squid, finished with lemon and herbs.
Served with a small Mediterranean salad. A traditional seafood rice dish from Valencia.

Moussaka - £17.50

Layers of aubergine, minced beef, tomato, and béchamel sauce are baked until golden.
Served with Greek salad and warm bread.
A classic Greek baked dish similar to lasagne.





Souvlaki di Agnello - £20.00

Grilled lamb skewers served with pita bread, tzatziki, salad, and lemon roasted potatoes.
A traditional Greek grilled meat dish.

Pesce al Cartoccio - £20.00

Fresh fish baked in parchment with cherry tomatoes, olives, lemon, garlic, and herbs. Served with roasted Mediterranean potatoes and vegetables.
A Mediterranean cooking technique that keeps fish tender and full of flavour.

Pollo al Limone - £18.50

Pan-roasted chicken breast with lemon, garlic, and herbs, served with roasted potatoes and seasonal vegetables.
A light Mediterranean chicken dish with fresh citrus flavour.

Grilled Spiced Chicken Burger - £17.95

Grilled chicken breast, bacon rashers, shredded lettuce, onion, sriracha mayo sauce, and skinny fries

Double Steak Burger - £17.95

Double 6 oz beef patties on brioche buns, shredded lettuce, pickle, red onion, and burger sauce

5oz Rib Eye Steak - £16.95


Hand-cut chips and side salad. (Choice of sauce, peppercorn, or garlic butter £3.50, grilled tomato £1, mushroom £1.50)

10oz Rib Eye Steak - £25.95

Hand-cut chips and side salad. (Choice of sauce, peppercorn, or garlic butter £3.50, grilled tomato £1, mushroom £1.50)

Beer Battered Fish and Chips - £19.95

Hand-cut chips, garden peas, and home-made tartar sauce



..... **PIZZA**

MARGHERITA	<i>£15.95</i>
Buffalo mozzarella and mixed herbs on a tomato base	
VEGETABLE PIZZA	<i>£15.95</i>
Peppers, red onion, and mushrooms on a tomato base	
PEPPERONI	<i>£16.95</i>
Pepperoni and crushed chillies on a tomato base	
CAJUN CHICKEN	<i>£16.95</i>
Pepper, sliced chillies, and Cajun seasoning on a tomato base	
BBQ CHICKEN PIZZA	<i>£16.95</i>
Chicken and peppers on a BBQ base topped with rocket leaves	
MEAT FEAST	<i>£18.95</i>
Bacon, chicken, sausage, pepperoni, and burger beef patty on a tomato base	
BEEF BURGER PIZZA	<i>£17.95</i>
Chopped beef patty, red onion, and jalapeno on a tomato base, topped with burger sauce and rocket	

~~~~~ **GLUTEN-FREE BASE AVAILABLE** ~~~~~

~~~~~ **ADD TOPPINGS** ~~~~~

Onion £1.00 | Blue Cheese £1.00 | Jalapeños £1.00

Red Pepper £1.50 | Mushroom £1.50

Chicken £2.00 | Sausage £2.00 | Bacon £2.00 | Ham £2.00 | Pepperoni £2.00

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..... **DESSERTS** .....

**Sticky Toffee Pudding - £7.50**

Warm sponge cake made with dates, served with rich toffee sauce and vanilla ice cream.

**Baklava - £7.00**

Layers of filo pastry filled with nuts and honey syrup.  
A traditional Mediterranean dessert popular in Greece and Turkey.

**Chocolate Brownie - £7.00**

Warm chocolate brownie served with vanilla ice cream and chocolate sauce.

**Ice Cream Sundae - £7.50**

Layers of vanilla and chocolate ice cream with whipped cream, chocolate sauce, and wafer biscuit.

**Selection of Ice Creams - £6.00**

Choice of vanilla, chocolate, or strawberry ice cream.  
A simple dessert option served with wafers or fruit garnish.

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*10% Service Charge will be added to the final bill.*

